

Food Shelf-Life Recommendations

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Food Product	Storage Life In Months
STAPLES	
Baking Powder	18 or exp. date
Baking Soda	24
Bisquick	Exp. date
Bouillon	24
Cereals	6-12
Chocolate	12
Pre-melted	18
Semi Sweet	18
Chocolate Syrup	24
Cocoa Mixes	8
Cocoa Mix	24
Coffee	24
Coffee Lighteners (dry)	9
Cornmeal	12
Cornstarch	18
Argo Cornstarch	Indefinite
Country Time Lemonade Drink Mix	24
Crystal Light Drink Mix	24

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Tang Drink Mix	24
Kool Aid Drink Mix	18-24
White Flour	6-8
Whole wheat	6-8
Gelatin, all types	18
Jell-O	24
Grits	12
Honey	12
Honey	12-24-
Jellies, Jams	12
Molasses	12+
Marshmallow Cream	3-4
Mayonnaise	2-3
Milk	12
Condensed	12
Evaporated	6
Pasta	24
White Rice	24+
Minute Rice	18
Bottled Salad Dressings	10-12
Salad Oils	6

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Oil – Crisco or Puritan	24
Corn Oil,	18mo
Crisco Shortening	Indef.
Vinegar - Container With Plastic Lid	Indef.
Salt	Indef.
Sugar	Indef
Brown	18
Confectioners	24+
Granulated	24+
Syrups	12
Tea	18
Bags	36
Instant	24
Vinegar	24+
<i>MIXES AND PACKAGED FOODS</i>	
Biscuit, Brownie, Muffin Mix	9
Cake Mixes	9
Casseroles, complete or add own meat	9-12
Cookies	2-3 wks
Krusteaz Mixes	24

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Pillsbury Mixes	18
Betty Crocker Mixes	8-12+
Jiffy Mixes	24
Crackers	3
Stove Top Dressing Mix	Exp. Date
Frostings	3
Canned	8
Hot-Roll Mix	18
Pancake Mix	6-9
Pie Crust Mix	8
Pies and Pastries	2-3 days
Potatoes, Instant	6-12
Pudding Mixes	12
Rice Mixes	6
Rice-a-Roni	Exp. Date
Pasta-Roni	Exp. Date
Rice & Sauce	10-15
Noodles & Sauce	12-24
Pasta & Sauce	9-12
Sauce/Gravy Mix	6-12
Soup Mix	12

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Soup Base	120 mos
Country Kitchen Soup	36
Toaster Pastries	2-3
<i>CANNED AND DRIED FOODS</i>	
Canned Baby foods	12
Canned Tomato Sauce	12
Canned Cheese Sauce	24-36
Canned Tuna, Fish & Seafood	5 years
Canned Cranberry Sauce	Exp. Date
Canned Fruits	36+
Canned Fruit Pie Fillings	24-36
Dinty Moore Spam Ham Chunks Chili Dried Beef	Indefinite
Black Label Ham	Exp. Date
Canned Meat	36
Canned Chicken	36
Canned Soup	Exp. Date
Canned Tomatoes	36+

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Canned Vegetables	24-48
Canned Baked Beans	24-36
Canned Black Beans	24
Canned French Fried Onions	24
Canned Ragu Spaghetti Sauce	Use By Date
Canned Five Brothers Pasta Sauce	24
Canned Fruit Juices	6
Juices	12-24
Dried Fruits	6
Dried Vegetables	12
Dried Peas & Beans	12
<i>SPICES, HERBS, CONDIMENTS, AND EXTRACTS</i>	
Catsup	18-24
Chili Sauce	24
Mustard, Yellow Prepared	24
Jar Pickles	12-24
Spices	12-24 mos
Steak Sauce	24
Tabasco Sauce	60

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Extracts	24
Vanilla	12
Vegetables, dehydrated flakes	6
<i>OTHERS</i>	
Cheese, Parmesan grated	10
Coconut, Shredded canned or pkg.	12
Meat Substitutes TVP; imitation bacon bits	12
Metered-Caloric Products, instant breakfast	6
Nuts	4
In shell pkg	24
Nutmeats pkg.	3
Peanut Butter	6-9
Jif Peanut Butter	24
Popcorn	24
Freeze Dried Mushrooms	24
Whipped Topping (dry)	12
Yeast (dry)	Exp. date

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